

Fruit Snake

Prep time: 5 minutes

Makes: 2 Servings

Make the youngest members of your family happy with this adorable snack. It's perfect for a mid-morning or afterschool snack.

Ingredients

- 2 bananas (small)
- 4 raisins

Directions


1. Wash hands; get out ingredients and utensils.
2. Peel banana and use butter knife to cut banana in half lengthwise.
3. Place 2 banana halves on small plate end to end, in an "s" shape.
4. Add raisins to the top of banana as eyes.
5. Enjoy your Fruit Snake.

Eagle Adventure RecipesEagle Adventure TeamChickasaw Nation

Nutrition Information

Nutrients	Amount
Calories	93
Total Fat	0 g
Saturated Fat	0 g
Cholesterol	0 mg
Sodium	1 mg
Total Carbohydrate	24 g
Dietary Fiber	3 g
Total Sugars	13 g
Added Sugars included	0 g
Protein	1 g
Vitamin D	0 IU
Calcium	6 mg
Iron	0 mg
Potassium	370 mg
N/A - data is not available	

MyPlate Food Groups

 Fruits	3/4 cup
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